Special Olympics Fall Sports Schedule 2003

Swimming NEW LOCATION, NEW DAY

Begins: Saturday August 2nd

Practices are held every Saturday

Time: 9:00 am – 10:30 am for juniors (Ages 8-16)

10:00 am. – 11:30 am for seniors (Ages 17+)

Brimhall Junior High -4949 E. Southern (On Southern, west of Higley Road)



Begins: Tuesday July 29th

Practices are held every Tuesday

Time: 6:00 - 7:00 pm for juniors (8-16)

7:00 - 8:15 pm for seniors (17+)

Webster Gym – 202 N. Sycamore

(Between Main and University - just east of Dobson)



Begins: Wednesday July 23rd

Practices are held every Wednesday

Time: 7:00 - 8:00 p.m.

Mesa Golf Center – 3252 E. McKellips Road (On McKellips between Val Vista and Lindsey)

Bowling

Begins: Wednesday June 4th

Practices are held every Wednesday

Time: 3:30~5:30 p.m.

Apache Fair Lanes - Corner of Main and Horne

Soccer

Begins: Thursday July 24th

Practices are held every Thursday

Webster Gym -202 N. Sycamore - **NEW LOCATION** (Between Main and University \sim just east of Dobson)

Juniors (8-16) Practice 6:30- 7:30 p.m. Seniors (17+) Practice 7:30- 9:00p.m.









We are excited for the fall sports season in Adaptive Sports. We hope to see all participate! If you have any questions please call Brett Petersen @ 480-644-5702. Please note: Practice times may vary or change due to unforeseen circumstances.



Special Olympic Registration Procedures Summer – Fall 2003



This packet contains all of the necessary forms and information to register your athlete in our fall sports programs. Below is a brief description of each page contained in this packet.

- Insurance Waiver and Release of Liability Form Please read this document thoroughly and have both Guardian and Athlete sign. If Athlete is their own guardian then they may sign without Guardian's signature.
- Parent Responsibility Policies This document explains all of the parent responsibilities in regards to our programs. Both Athletes and Parent/Guardian's signature are required on this form.
- Registration Form Please circle the sport you would like your athlete to compete in. Please ensure that all of the information is filled out completely, including emergency contact and phone number.
- Facts about Physicals This informational page explains our polices of physical forms. It is important to understand the medical policies, please read carefully.
- ➤ <u>Medical Physical Form</u> This form is required to compete in our Special Olympic Programs. The Medical Physical form is valid for three years. For information or to see if your physical is current please contact Brett Petersen at 480-644-5702.

Please return all forms denoted with a Red Box to:

City of Mesa Parks and Recreation Attn: Special Olympic Registration 125 N. Hobson Mesa, AZ 85203

A participant is not registered for the Program until all forms are completed, sent in, and processed. To insure that your athlete is eligible to participate in the program of their choice please turn in all paper work three weeks prior to the start date of the program.

Mesa Association of Sports for the Disabled Insurance Waiver and Release of Liability

In consideration of being allowed to participate in any way in <u>Mesa Association of Sports for the Disabled</u> programs, related events, and activities, as well as those of any affiliated organizations, including <u>Wheelchair Sports, USA; Disabled Sports, USA; National Disabled Sports Alliance; United States Association of Blind Athletes; United States Les Autres Sports Association; Arizona Special Olympics and others, I and/or the minor participant, the undersigned:</u>

- 1. Agree that prior to participating, I will inspect, or if a parent and/or legal guardian, I will instruct the minor participant to inspect the facilities and equipment to be used, and if I believe anything is unsafe, I and/or the minor participant will immediately advise the Messa Association of Sports for the Disabled of such conditions and refuse to participate.
- 2. Acknowledge and fully understand that I and/or the minor participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result only from my own actions, inactions, negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, that there may be other risks not known to me or not reasonably foreseeable at this time.
- **3.** Accept all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
- 4. Release, waive, discharge and covenant not to sue the <u>Mesa Association of Sports for the Disabled</u>, it's affiliated organizations, their representative administrators, directors, agents, coaches, and other employees or volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the events, all of which are hereinafter referred to as "releasees", from demands, losses or damages on account of injury, including death or damage to property, cause or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.
- 5. Agree to abstain from the use of alcohol and/or illegal drugs while participating in any event sponsored by the <u>Mesa Association of Sports for the Disabled</u> or it's affiliated organizations. Failure to adhere to this requirement will result in immediate removal and possible suspension.
- 6. Do hereby authorize, consent to and direct the <u>Mesa Association of Sports for the Disabled</u> to obtain a physician to render medical aid, perform operations and/or give treatment to me, in the case of an emergency, and do hereby consent to and authorize said physician to render any and all treatment that in his/her judgment may be necessary or advisable.
- 7. Understand that my participation or attendance at any <u>Mesa Association of Sports for the Disabled</u> activities or events constitutes permission to be photographed, videotaped or recorded for possible publicity or media purposes and constitutes a waiver of any and all claims for compensation from all sponsoring agencies.

I/we have read the above waiver and release and understand that I/we have given up substantial rights by signing this document and sign it voluntarily.

voluntarily.		
Participant's Signature: If the participant is a minor and/or	Participant's Name: has a legal guardian:	Date:
Parent/Guardian Signature:	Parent/Guardian Name:	Date:



Parent Responsibility Policies

Mesa Association of Sports for the Disabled along with Mesa Parks and Recreation and Mesa Public Schools ensures that all programs have quality coaching, are held in a suitable environment and are ran professionally.

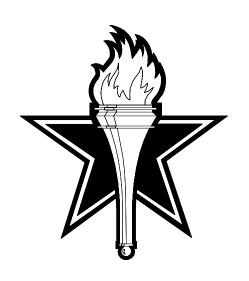
It is the parent or guardian responsibility to ensure that the following procedures, commitments, and policies are kept.

- Parents/guardians are responsible for getting and tracking Medical Physical forms. All physical forms must be completed and on file by the first practice. If a physical is not obtained the athlete cannot participate until a physical is obtained.
- Parents/guardians are responsible for giving a copy of the Medical Physical Form to the coaches and are also responsible for keeping a copy on file at home.
- Parents/guardians are responsible for their athlete's attendance. An athlete must attend 80% of the scheduled practices or the athlete will not be eligible to compete in local and state competitions.
- Parents/guardians are responsible for picking up their athlete on time from all practices and competitions. Any abuse of this policy will result in a suspension of your athlete from the program.

I have read the above policies and agree to follow these policies	S.
Name of Athlete	
Signature of parent or guardian	
Date	

Fall Adaptive Sports Registration Form

Please circle the sport you would like to participate in and complete the form below. Please make sure that you fill out the form completely. If you have any questions please call Brett Petersen at 480-644-5702.



Special Olympics

Swimming – 981406-11

Bocce Ball – 981407-11

Golf - 981408-11

Bowling -981409-11

Soccer - 981410-11

Waiver: As a parent or guardian, I give the participant(s) permission to participate in the Mesa Parks and Recreation program listed below. Participants may be photographed and/or video taped for the promotion of City of Mesa programs. I understand that there are risks of physical injury to the participant(s). Considering all possible, on behalf of myself and the participant, I voluntary waive, release, discharge and hold harmless the City of Mesa, its employees, supervisors and volunteers from al claims, including those based on negligence, for all injuries to participant(s), no matter how severe. Furthermore I give consent for emergency medical treatment.

Parent Contact Info

Adult First Name	Adult Last Name	Adult Signature (Required)	
Full Address (City, State, Zip Code	e)	Apt./Unit #	
Home (Area Code + Number)	Work Number (Area Code + Number)) E-Mail	
Emergency Contact (Name)	Phone	Relation to the Participant	
	Participant Info		
First Name	Last Name	Birth Date	
Full Address (City, State, Zip Code		Apt./Unit #	
Home Number	Work Ph	Work Phone Number	

Facts about Medical Physical Forms



- All new athletes need a physical.
- Medical physical forms are good for three years.
- To see if your physical is current, please call Brett Petersen at 480-644-5702.
- An athlete <u>must have a physical on file by the</u> 1st practice or they cannot participate until a physical is obtained. To ensure that all physicals are processed in a timely manner, please complete and <u>turn in three weeks prior to the first practice</u>.
- All physical forms must be filled out completely both front side and back side with a doctor signature and date or it is invalid.
- Special Olympic Arizona has made a no tolerance policy for late or incomplete physicals. Please fill out the forms completely and within the stated time limit or your athlete will be unable to participate.
- A Medical Physical form is included in this packet.
- Please turn in Medical Physical Form to 125 N. Hobson, Mesa, AZ 85203. Do not mail forms in directly to the State office.



Special Olympics Arizona 3816 North 7th Street Phoenix, AZ 85014-5004 602-230.1200/800.289.4946

MEDICAL/PARENTAL RELEASE FORM

PROGRAM NAME: MASD

lympics Arizona	602-230.1200/800.289.4946 Fax: 602.230.1110	AREA#: 18	PROGRAM #: 18-010		
DEMOGRAPHICS					
Athlete's	First Name	MI Last Name			
Athlete's	Social Security # (Optional):	Gender: N	Male □ Female □		
Athlete's	Date of Birth: (M/D/Y)//	Athlete's Email Address:			
Athlete's	Address:				
(City:	State:	Zip:		
Athlete's	Home Phone # : ()				
Parent/G	nardian's Name: nardian's Address (If different than above): City: imary Phone #: (
Parent/Gt	iardian's Address (if different than above): _	Stata	7in:		
Parent Pri	imary Phone #: (Parent Email Address:	Zip		
Emergeno	by Contact Name (if other than parent/guardia	an).			
Emergeno	by Contact Phone #: ()				
Health/A	ccident Insurance Co:	Poli	cy #:		
HEALTH HISTORY: TO BE COMPLETED BY PARENT/CAREGIVER					
Yes No □ □ I	Heart Disease/Heart Defect/High Blood Pressure	Yes No ☐ Requires Extra Supervision	Yes No □ □ Tobacco Use		

□ Diabetes □ Deaf ☐ Heat Stroke/Exhaustion ☐ Seizures/Epilepsy/Fainting Spells ☐ Hearing Loss/Hearing Aid □ Shunts ☐ Hepatitis ☐ Chest Pain □ Asthma □ Blind Concussion/Head injury ☐ Easy Bleeding П ☐ Visually Impaired Major Surgery/Serious Illness ☐ Bone or Joint Problem ☐ Contact Lenses/Glasses Immunizations up to Date ☐ Sickle Cell Trait or Disease ☐ Allergies: Insect Stings/Bites: ☐ Special Diet ☐ Emotional/Psychiatric/Behavioral ☐ Allergies: Food: ☐ Allergies: Medicines: Date of most recent Tetanus Immunization: MEDICATIONS: Please print medication name, amount, date prescribed and number of times per day given. All changes in medication should be submitted to Special Olympics Arizona. For more space, attach additional paper. Medication Name Dosage Date Prescribed Times Per Day PHYSICAL EXAMINATION: TO BE COMPLETED BY MEDICAL EXAMINER Blood Pressure: Weight: Height: Normal/Abnormal Normal/Abnormal Normal/Abnormal Normal/Abnormal ☐ Cardiovascular System □ Cranial Nerves □ Skin □ Vision ☐ Hearing ☐ Respiratory System ☐ Genitourinary System □ Neck ☐ Oral Cavity ☐ Gastrointestinal System ☐ Coordination П □ Reflexes □ Extremities Other: Primary MR: ATLANTO-AXIAL INSTABILITY ASSESSMENT FOR ATHLETES WITH DOWN SYNDROME Examiner's Note: If the athlete has Down Syndrome, Special Olympics requires a full radiological examination establishing the absence of Atlanto-axial Instability before he/she may participate in sports or events which, by their nature, may result in hypertension, radical flexion or direct pressure on the neck or upper spine. The sports and events for which such a radiological examination is required are: judo, equestrian sports, artistic gymnastics, diving, pentathlon, butterfly stroke and diving starts in swimming, high jump, alpine skiing, snowboarding, squat lift, and football team competition (soccer). PLEASE CIRCLE THE FOLLOWING: Does the athlete have Down Syndrome? Yes No If yes, has an x-ray for Atlanto-axial instability been done? Yes No (If no, the athlete will be restricted from above sports/events.) If yes, was it positive for Atlanto-axial instability? (the Atlanto-dens interval is 5mm or more) Yes No If yes, the athlete will be restricted from above sports/events unless the "Special Release for Athletes with Atlanto-Axial Instability" form is completed. I have reviewed the above health information and have preformed the above examination on this athlete within the past 6 months and certify that the athlete can participate in Special Olympics. Restrictions: Examiner's Signature: Date:

OFFICIAL SPECIAL OLYMPICS ARIZONA RELEASE FORM

RELEASE TO BE COMPLETED BY ADULT ATHLETE

I,Special Olympics.	(athlete's name) am at least 1	18 years old and have submitted the attached application for participation in
	of my knowledge and belief. I am physi	ically and mentally able to participate in Special Olympics activities. I also
		lication and has certified, based on an independent medical examination, that
there is no medical evidence which would preclude	me from participating in Special Olympi	ics. I understand that if I have Down Syndrome, I cannot participate in sports
		e on my neck or upper spine unless I and two physicians have completed the
		ecial Olympics Chapter program in my state, or I have had a full radiological
		choose not to complete the "Special Release for Athletes with Atlanto-Axial
		e radiological examination before I can participate in judo, equestrian sports, lpine skiing, snowboarding, squat lift, and football team competition (soccer).
Special Olympics has my permission (both during	and anytime after) to use my likeness no	ame, voice or words in wither television, radio, film, newspapers, magazines,
and other media, and in any form, for the purpose	of advertising or communicating the purp	poses and activities of Special Olympics and/or applying for funds to support
these purposes and activities.		1 7 1 11 7 0 11
		cy medical treatment, and I am not able to give my consent or make my own
	uries, I authorize Special Olympics to t	take whatever measures are necessary to protect my health and well-being,
including, if necessary, hospitalization.	a namer and fully understand the provision	ons for the release that I am signing. I understand that by signing this paper, I
am saying that I agree to the provisions of this relea		ns for the release that I am signing. I understand that by signing this paper, I
and saying that I agree to the provisions of this refer	50.	
Signature of Adu	lt Athlete	Date
I hereby certify that I have reviewed this release	with the athlete whose signature appears release and has agreed to	above. I am satisfied based on that review that the athlete understands this its terms.
Name (Print)		
Relationship to athlete		
	(e.g. family member, teacher, coach, e	etc.)
	THIS FORM IS VALID FOR	THREE YEARS
	Time Folder is Viteral for	TIMEE TEMO
RELEASE TO BE C	OMPLETED BY	PARENT OR GUARDIAN OF
	MINOR ATH	ILETE
I am the parent/guardian of	(athlete's r	name), the athlete, on whose behalf I have submitted the attached application
for participation in Special Olympics. I hereby repr	esent that the athlete has my permission t	to participate in Special Olympics activities.
		nlete is physically and mentally able to participate in Special Olympics. With

my approval, a licensed physician has reviewed the health information set forth in the athlete's application, and has certified based on an independent medical examination that there is no medical evidence, which would preclude the athlete's participation. I understand that if the athlete has Down Syndrome, he/she cannot participate in sports or events, which, by their nature, result in hyper-extension, radical flexion or direct pressure on the neck or upper spine, unless I and two physicians have completed the official "Special Release for Athletes with Atlanto-Axial Instability." Available form the Special Olympics Chapter program in my state, or the athlete has had a full radiological examination, which establishes the absence o Atlanto-axial Instability. I am aware that if I choose not to compete the "Special Release for Athletes with Atlanto-Axial Instability" form which establishes the absence of Atlanto-axial Instability, the athlete must have the radiological examination before he/she can participate in judo, equestrian sports, gymnastics, diving, pentathlon, butterfly stroke and diving starts in swimming, high jump, alpine skiing, snowboarding, squat lift, and football team competition (soccer).

In permitting the athlete to participate, I am specifically granting my permission, (both during and anytime after), to Special Olympics to use the athlete's likeness, name, voice and words in television, radio, film, newspapers, magazines and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support these purposes and activities.

If a medical emergency should arise during the athlete's participation in any Special Olympics activities, at a time when I am not personally present so as to be consulted regarding the athlete's care, I hereby authorize Special Olympics, on my behalf, to take whatever measures are necessary to ensure that the athlete is provided with any emergency medical treatment, including hospitalization, which Special Olympics deems advisable in order to protect the athlete's health and well-being.

I am the parent/guardian of the athlete named in this application. I have read and fully understand the provisions of the above release, and have explained these provisions to the athlete. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and on the behalf of the athlete named above.

I hereby give my permission for the athlete named above to participate in Special Olympics games, recreation programs, and physical activity programs.

Signature of Parent/Guardian Date

THIS FORM IS VALID FOR THREE YEARS